

TO THE TEACHERS

Sustainable Development ***'Packed lunch Perils'***

At Sussex Wild Life Trust sustainability of resource use is very important. To work with us on this issue we ask that you discuss with your group the idea of **'packed lunch perils'**.

How they as individuals can help us achieve our goals of waste reduction following the principles of **'reduce, reuse, recycle'**.

Some packaging can also be harmful to wildlife. In their packed lunches can they try to include the following packed lunch pluses and limit or best avoid pack lunch perils.

Pluses

Reuse containers & bottles to carry food and drink
Recycle fruit & vegetable waste in our compost heap

Perils

Avoid plastic bags
Reduce excess packaging
Avoid packaging that cannot be recycled

A leaflet is available if you would like one please contact Kim Jackson, Environmental Officer on 01273-292254.

If you would like to take part in a sorting activity of your lunch box packaging please fill in the appropriate part of the booking form. This will take place during the lunch break and will be followed by a short discussion led by our leaders.

TO THE CHILDREN

An invitation to become responsible Wildlife Explorers at Woods Mill

As intrepid explorers you will be faced by many challenges and sent on an exciting mission to uncover the mysteries of the wild world at Woods Mill. Your mission begins before you even step foot in Woods Mill.

Your first challenge is called **Packed Lunch Perils**. Have you ever wondered about the dangers that lurk inside your lunch box? To you and me plastic bags and disposable packaging may look innocent, but to wildlife they can be deadly. Some plastic wrappings can choke or trap wildlife and litter our natural spaces. Plastic does not rot down.

The resources used to make our packaging have come from our natural world and the way they are processed is often harmful to the environment.

So, fellow explorers, your first challenge is to rid your lunch box of all plastic perils. Once you are at Woods Mill look out for the compost bins. You will be able to put some of your waste in these bins. Some will be recyclable; the rest has to be thrown away. I wonder if you can make that rubbish bag as small as possible!

Good luck with this challenge and we look forward to your arrival at Woods Mill!