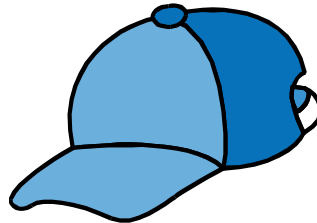


Sussex Wildlife Trust Seven Sisters Country Park

School Educational Visits



Please ensure that your pupils/students wear suitable outdoor clothing for wet and hot weather. Footwear should be comfortable and appropriate for long distance walks and waterproofs are advisable (Just in Case!!)

Appropriate sun protection.

Please make sure your child wears a hat/cap during the hot weather and sun protection cream

Bags should be lightweight for distance walks to the beach.

Please make sure your child brings sufficient liquid to drink, preferably water. Drinks should be in re-sealable (screw top) bottles, not cans or cartons. Fizzy drinks are not advisable.

It would help the coach company if pupils/students could bring some clean footwear to change into for the return journey, particularly when it has been wet.

Please make sure your pupil/student brings a packed lunch. Please note on Rivers, Coast and Wildlife Rangers programmes pupils will need to carry their packed lunch with them.

