

**Sussex Wildlife Trust**  
**Seven Sisters Country Park Risk Assessment Form – Activities**

Activity Assessed:- Pond dipping Assessed by :- Mike Murphy Site Location:- Dew ponds on park - Foxhole pond						Date:- Sept 07 Next assessment due :- Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Falling into water	3	3	9	Small groups with adults. Warnings about slippery nature of banks. No running No pushing	2	3	6
Disease	2	3	6	Wash hands before eating Protective gloves for broken skin	1	3	3
Inflicting injury with nets	3	1	3	Verbal warning Close supervision	2	1	2
Slipping on steep banks	3	1	3	Small groups with adults. Warnings about slippery banks. No running	2	1	2

No activity may be carried out where there is a risk factor of 10 or above.

**Dangers involved in using equipment should be brought to the attention of all.**

Escape route – Car park opposite Visitor Centre

Mobile Telephone Coverage – none

Nearest Telephone –Camping barn or Visitor Centre

Ambulance 999

Seven Sisters Country Park – 01323 870280

Nearest Accident and Emergency Hospital – Eastbourne District General 01323 417400

This form should be sent to the Head of Administration, Sussex Wildlife Trust, Woods Mill, HENFIELD, West Sussex, BN5 9SD

**Sussex Wildlife Trust**  
**Seven Sisters Country Park Risk Assessment Form - Activities**

Activity Assessed:- Freshwater ecology Assessed by :- Mike Murphy Site location :- Dew ponds, lagoon, meanders						Date: Sept 07  Next assessment due : Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Water hazard, falling into pond, lagoon or meanders	3	5	15	Small groups supervised by adults, awareness of slippery or crumbling banks, no pushing rules established Throw rope included in kit	1	5	5
Weil's disease	2	3	6	Wash hands before eating, rubber gloves for cut hands	1	3	6

No activity may be carried out where there is a risk factor of 10 or above.

**Danger from equipment should be brought to the attention of all**

Mobile phone coverage: poor

Nearest telephone: Public phone near car park or SDCB office

Ambulance 999

Seven Sisters Country Park Office 01323 870280

Eastbourne District General Hospital 01323 417400

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**Sussex Wildlife Trust**  
**Seven Sisters Country Park Risk Assessment Form - Activities**

Activity Assessed : Grassland ecology Assessed by : Mike Murphy Site location : Near camping barn, grass slopes near meanders						Date: Sept 07	
						Next assessment due : Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Slipping on steep grass slopes	1	2	2	Sensible footwear advised, no running	1	2	2
Lyme's disease	1	4	4	Awareness, ticks removed	1	4	4
Animal excreta, disease	2	3	6	Wash hands before eating	1	3	3

No activity may be carried out where there is a risk factor of 10 or above.

**Danger from equipment should be brought to the attention of all**

Mobile phone coverage: poor

Nearest telephone: Foxhole campsite

Ambulance 999

Seven Sisters Country Park Office 01323 870280

Eastbourne District General Hospital 01323 417400

This form should be sent to the Head of Administration, Sussex Wildlife Trust, Woods Mill, HENFIELD, West Sussex, BN5 9SD

**Sussex Wildlife Trust**  
**Seven Sisters Country Park Risk Assessment Form - Activities**

Activity Assessed:- Footpaths & Tracks around 7SCP including walk to Birling Gap						Date: Sept 07	
Assessed by : M Murphy						Next assessment due : Sept 08	
Site location : Footpaths and tracks around 7SCP including walk to Birling Gap							
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Road crossing, A259 Car collision	3	5	15	Compact group in pairs, leader to wear high visibility jacket	1	5	5
Uneven footpaths, ankle injuries	3	1	3	Sensible footwear, no running	1	1	1
Animal hazard, trampling and biting (cattle, horses, dogs)	2	4	8	Warn of possible hazard, walk around cattle, students advised not to approach animals	1	4	4
Car park, vehicle collision	3	4	12	Students kept in compact groups, staff to wear high visibility jackets	1	4	4
Collision with cyclists	2	3	6	Awareness raised, students walk in 2s along footpath	1	3	3
Electric fence	3	1	3	Awareness raised	1	1	1
Barbed wire, cuts and tetanus	3	3	6	Awareness raised	1	3	1

Activity Assessed:- Footpaths & Tracks around 7SCP including walk to Birling Gap						Date: Sept 07	
Assessed by : M Murphy							
Site location : Footpaths and tracks around 7SCP including walk to Birling Gap						Next assessment due : Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Lost students	2	1	2	Regular head counts, staff at front and rear of group	1	1	1
Falling from cliffs	2	5	10	Awareness raised, students kept at least 2m from edge footpaths used	1	5	5
Lymes disease, ticks	2	3	6	Awareness raising, students to check body at home Check with GP if symptoms appear	1	3	3
Crossing stiles, slipping	2	2	4	Careful supervision when crossing	1	2	2

No activity may be carried out where there is a risk factor of 10 or above.

**Danger from equipment should be brought to the attention of all**

Mobile phone coverage: poor

Nearest telephone: Foxhole bottom, visitor car park, SDCB office, Birling Gap

Ambulance 999/112

Seven Sisters Country Park Office 01323 870280

Eastbourne District General Hospital 01323 417400

This form should be sent to the Head of Administration, Sussex Wildlife Trust, Woods Mill, HENFIELD, West Sussex, BN5 9SD



Site Hazard Card

<b>Site location : Footpaths and tracks around 7SCP including walk to Birling Gap</b> <b>Site activity :</b> <b>Grid reference :</b> <b>Assessed by : M Murphy</b>						<b>Date: June 06</b>  <b>Next assessment due : Jun 07</b>	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Road crossing, A259 Car collision	3	5	15	Compact group in pairs, leader to wear high visibility jacket	1	5	5
Uneven footpaths, ankle injuries	3	1	3	Sensible footwear, no running	1	1	1
Animal hazard, trampling and biting (cattle, horses, dogs)	2	4	8	Warn of possible hazard, walk around cattle, students advised not to approach animals	1	4	4
Car park, vehicle collision	3	4	12	Students kept in compact groups, staff to wear high visibility jackets	1	4	4
Collision with cyclists	2	3	6	Awareness raised, students walk in 2s along footpath	1	3	3
Electric fence	3	1	3	Awareness raised	1	1	1
Barbed wire, cuts and tetanus	3	3	6	Awareness raised	1	3	1

<b>Site location : Footpaths and tracks around 7SCP including walk to Birling Gap (Continued)</b>						<b>Date: June 06</b>	
<b>Site activity :</b>						<b>Next assessment due : Jun 07</b>	
<b>Grid reference :</b>							
<b>Assessed by : M Murphy</b>							
<b>Type of Hazard</b>	<b>Likelihood of occurrence</b>	<b>Hazard Severity</b>	<b>Risk Factor</b>	<b>Action to be taken to reduce risk</b>	<b>New likelihood of occurrence</b>	<b>New hazard severity</b>	<b>New risk factor</b>
Lost students	2	1	2	Regular head counts, staff at front and rear of group	1	1	1
Falling from cliffs	2	5	10	Awareness raised, students kept at least 2m from edge footpaths used	1	5	5
Crossing stiles, slipping	2	2	4	Careful supervision when crossing	1	2	2

**No activity may be carried out where there is a risk factor of 10 or above.**

**Danger from equipment should be brought to the attention of all**

**Mobile phone coverage: poor**

**Nearest telephone: Foxhole bottom, visitor car park, SDJC office, Birling Gap**

**Ambulance 999/112**

**Seven Sisters Country Park Office 01323 870280**

**Eastbourne District General Hospital 01323 417400**

**Sussex Wildlife Trust**  
**Seven Sisters Country Park Risk Assessment Form – Activities**

Activity Assessed:- Woodland ecology Assessed by :- Mike Murphy Site Location Friston Forest						Date:- Sept 07 Next assessment due :- Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Disease from leaf litter or animal excrement	2	3	6	Hand wipes or hand washing before eating	1	3	3
Nettles and brambles, stings and scratches	2	1		Raise awareness	1	1	1
Falling branches and trees	1	5	5	Cancel activity if wind speed becomes excessive. Do not work under hanging trees, raise awareness	1	5	5
Low branches, eye hazard	2	2	4	Group made aware of potential hazard	1	2	2
Lost child	2	1	2	Clearly define area of activity Regular checks on group numbers	1	1	1

No activity may be carried out where there is a risk factor of 10 or above.

**Dangers involved in using equipment should be brought to the attention of all.**

Escape route – West Dene Village or field above Visitor Centre if in forest. Car park opposite Visitor centre if on park

Mobile Telephone Coverage – only along top of wall surrounding the forest

Nearest Telephone – West Dene Village or Visitor Centre if in forest. Camping Barn or Visitor Centre if on park

Ambulance 999

Seven Sisters Country Park – 01323 870280

Nearest Accident and Emergency Hospital – Eastbourne District General 01323 417400

This form should be sent to the Head of Administration, Sussex Wildlife Trust, Woods Mill, HENFIELD, West Sussex, BN5 9SD



**Sussex Wildlife Trust**  
**Seven Sisters Country Park Risk Assessment Form - Activities**

Activity Assessed:- Saltmarsh ecology						Date: Jan 05	
Assessed by:- Mike Murphy							
Site location:- Saltmarsh near meanders and lagoon						Next assessment due : Jan 06	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Water hazard by river	3	5	15	Lower limit for study set by staff, awareness raised, tide tables consulted Throw rope included in kit	1	5	5
Falling down bank	3	3	6	Sensible footwear, no running	1	3	3
Injury and contamination from flotsam	3	3	9	No picking up rule	1	3	3
Unclean water, disease from animals	2	3	6	Wash hands before eating	1	3	3
Allergy to caterpillars (brown tail moths)	3	3	9	Explanation and warnings	1	3	3

No activity may be carried out where there is a risk factor of 10 or above.

**Danger from equipment should be brought to the attention of all**

Mobile phone coverage: poor  
 Nearest telephone: Foxhole campsite  
 Ambulance 999  
 Seven Sisters Country Park Office 01323 870280  
 Eastbourne District General Hospital 01323 417400

This form should be sent to the Head of Administration, Sussex Wildlife Trust, Woods Mill, HENFIELD, West Sussex, BN5 9SD

**Sussex Wildlife Trust**  
**Seven Sisters Country Park Risk Assessment Form - Activities**

Activity Assessed : Coastal processes Assessed by : Mike Murphy Site location : Shingle beach						Date: Sept 07  Next assessment due : Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Throwing stones, flint chips	2	3	6	Strictly no stone throwing unless part of a supervised activity	1	3	3
Ankle injuries slipping on shingle	2	2	4	Sensible footwear, no running	1	2	2
Water hazard, falling into sea	2	5	10	Lower limit of beach set by staff depending on sea conditions Throw rope included in kit	1	5	5
Injury from sharp or contaminated flotsam	3	3	6	No picking up rule of flotsam	1	3	3
Falling rocks from cliffs	3	5	15	Students kept well away from base of cliffs	1	5	5

No activity may be carried out where there is a risk factor of 10 or above.

**Danger from equipment should be brought to the attention of all**

Mobile phone coverage: poor

Nearest telephone: Foxhole Bottom

Ambulance 999

Seven Sisters Country Park Office 01323 870280

Eastbourne District General Hospital 01323 417400

This form should be sent to the Head of Administration, Sussex Wildlife Trust, Woods Mill, HENFIELD, West Sussex, BN5 9SD

**Sussex Wildlife Trust**  
**Seven Sisters Country Park Risk Assessment Form - Activities**

Activity Assessed: Rocky shore ecology Assessed by : Mike Murphy Site location :						Date: Sept 07	
						Next assessment due : Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Throwing stones, flint chips	2	2	4	Strictly no stone throwing unless part of a supervised activity	1	2	2
Ankle injuries slipping on shingle	2	2	4	Sensible footwear, no running	1	2	2
Water hazard, falling into sea	2	5	10	Lower limit of beach set by staff depending on sea conditions Throw rope included in kit	1	5	5
Injury from sharp or contaminated flotsam	3	2	6	No picking up rule of flotsam	1	2	2
Falling rocks from cliffs	1	5	5	Students kept well away from base of cliffs	1	5	5
Slipping on rocks and sea weed	4	3	12	Sensible footwear, no running, awareness raised on site	1	3	3
Unclean water	2	2	6	Wash hands before eating	1	2	2

Activity Assessed: Rocky shore ecology Assessed by : Mike Murphy Site location :						Date: Sept 07 Next assessment due : Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Velvet swimming crab bite	1	1	1	Organism identified and avoided	1	1	1
Cut off by tide	2	5	10	Knowledge of tide times	1	5	5

No activity may be carried out where there is a risk factor of 10 or above.

**Danger from equipment should be brought to the attention of all**

Mobile phone coverage: poor

Nearest telephone: Golden Galleon, SDCB office

Ambulance 999

Seven Sisters Country Park Office 01323 870280

Eastbourne District General Hospital 01323 417400

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## Sussex Wildlife Trust

Seven Sisters Country Park Risk Assessment Form – Activities

Activity Assessed:- River Bank Walk Assessed by :- V.A. Reed Site Location – River Bank						Date:- Sept 07  Next assessment due :- Sept 08	
Type of Hazard	Likelihood of occurrence	Hazard Severity	Risk Factor	Action to be taken to reduce risk	New likelihood of occurrence	New hazard severity	New risk factor
Falling into river	3	5	15	Compact group with adults at regular intervals Warnings of dangers	1	5	5
Falling down bank	3	3	9	Compact group with adults at regular intervals. Suitable footwear No running	1	3	3
Injury by flotsam	2	3	6	Strict no picking up rule	1	3	3
Disease from animal excrement	2	3	6	Hand washing before eating	1	3	3
Allergic reaction to caterpillar venom	3	3	9	Explanation and warning	1	4	4

No activity may be carried out where there is a risk factor of 10 or above.

**Dangers involved in using equipment should be brought to the attention of all.**

Escape route –Car Park opposite Visitor Centre

Mobile Telephone Coverage – none

Nearest Telephone Camping Barn or Visitor Centre

Ambulance 999

Seven Sisters Country Park – 01323 870280

Nearest Accident and Emergency Hospital – Eastbourne District General 01323 417400

This form should be sent to the Head of Administration, Sussex Wildlife Trust, Woods Mill, HENFIELD, West Sussex, BN5 9SD